

Wettkampf 108 - 400m Freistil weiblich (Finale)**Jahrgang 2010**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1. und Deutsche Jahrgangsmeisterin 2023						
	Sarah Pliska	2010	SG Essen	04:31,78	658	12
	50m: 00:29,72 (00:29,72) 100m: 01:02,51 (00:32,79) 150m: 01:37,29 (00:34,78) 200m: 02:12,59 (00:35,30) 250m: 02:48,60 (00:36,01) 300m: 03:23,60 (00:35,00) 350m: 03:58,65 (00:35,05) 400m: 04:31,78 (00:33,13)					
2.	Marina Maja Krietenbrink	2010	SG Essen	04:32,08	655	9
	50m: 00:30,12 (00:30,12) 100m: 01:04,46 (00:34,34) 150m: 01:38,96 (00:34,50) 200m: 02:13,88 (00:34,92) 250m: 02:48,75 (00:34,87) 300m: 03:23,54 (00:34,79) 350m: 03:58,13 (00:34,59) 400m: 04:32,08 (00:33,95)					
3.	Jennifer Herfert	2010	SC Magdeburg	04:32,85	650	7
	50m: 00:30,14 (00:30,14) 100m: 01:03,46 (00:33,32) 150m: 01:38,03 (00:34,57) 200m: 02:13,73 (00:35,70) 250m: 02:49,11 (00:35,38) 300m: 03:24,31 (00:35,20) 350m: 03:59,53 (00:35,22) 400m: 04:32,85 (00:33,32)					
4.	Reneé Geihe	2010	STV Limbach-Oberfrohna	04:34,98	635	5
	50m: 00:30,33 (00:30,33) 100m: 01:04,26 (00:33,93) 150m: 01:38,79 (00:34,53) 200m: 02:13,90 (00:35,11) 250m: 02:49,21 (00:35,31) 300m: 03:24,87 (00:35,66) 350m: 04:00,37 (00:35,50) 400m: 04:34,98 (00:34,61)					
5.	Anni Winter	2010	SG Essen	04:38,15	613	4
	50m: 00:31,43 (00:31,43) 100m: 01:05,44 (00:34,01) 150m: 01:40,40 (00:34,96) 200m: 02:16,23 (00:35,83) 250m: 02:51,83 (00:35,60) 300m: 03:27,93 (00:36,10) 350m: 04:03,75 (00:35,82) 400m: 04:38,15 (00:34,40)					
6.	Valerie Brzezicha	2010	SG Frankfurt	04:38,25	613	3
	50m: 00:31,77 (00:31,77) 100m: 01:06,09 (00:34,32) 150m: 01:41,39 (00:35,30) 200m: 02:16,92 (00:35,53) 250m: 02:52,58 (00:35,66) 300m: 03:28,34 (00:35,76) 350m: 04:03,81 (00:35,47) 400m: 04:38,25 (00:34,44)					
7.	Zarina Selimovic	2010	SG Dortmund	04:39,70	603	2
	50m: 00:31,04 (00:31,04) 100m: 01:05,09 (00:34,05) 150m: 01:40,84 (00:35,75) 200m: 02:16,17 (00:35,33) 250m: 02:51,96 (00:35,79) 300m: 03:28,28 (00:36,32) 350m: 04:04,19 (00:35,91) 400m: 04:39,70 (00:35,51)					
8.	Lisa Barth	2010	TB 1888 Erlangen	04:43,28	581	1
	50m: 00:31,26 (00:31,26) 100m: 01:06,40 (00:35,14) 150m: 01:42,28 (00:35,88) 200m: 02:18,41 (00:36,13) 250m: 02:54,73 (00:36,32) 300m: 03:31,53 (00:36,80) 350m: 04:07,99 (00:36,46) 400m: 04:43,28 (00:35,29)					

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1. und Deutsche Jahrgangsmeisterin 2023						
	Alina Baievych	2009	TB 1888 Erlangen	04:19,66	754	12
	50m: 00:29,25 (00:29,25) 100m: 01:01,70 (00:32,45) 150m: 01:34,55 (00:32,85) 200m: 02:07,90 (00:33,35) 250m: 02:41,34 (00:33,44) 300m: 03:15,19 (00:33,85) 350m: 03:48,66 (00:33,47) 400m: 04:19,66 (00:31,00)					
2.	Sydney Savannah Ferch	2009	SG Dortmund	04:22,89	727	9
	50m: 00:30,01 (00:30,01) 100m: 01:02,57 (00:32,56) 150m: 01:36,00 (00:33,43) 200m: 02:09,58 (00:33,58) 250m: 02:43,34 (00:33,76) 300m: 03:16,97 (00:33,63) 350m: 03:50,73 (00:33,76) 400m: 04:22,89 (00:32,16)					
3.	Juliana Buttler	2009	SG Gladbeck/Recklinghausen	04:25,44	706	7
	50m: 00:29,57 (00:29,57) 100m: 01:02,44 (00:32,87) 150m: 01:36,14 (00:33,70) 200m: 02:10,05 (00:33,91) 250m: 02:44,30 (00:34,25) 300m: 03:18,92 (00:34,62) 350m: 03:53,04 (00:34,12) 400m: 04:25,44 (00:32,40)					
4.	Nana Boateng Sekyere	2009	Hamburger SC	04:25,91	702	5
	50m: 00:29,94 (00:29,94) 100m: 01:03,29 (00:33,35) 150m: 01:36,74 (00:33,45) 200m: 02:11,10 (00:34,36) 250m: 02:45,44 (00:34,34) 300m: 03:20,27 (00:34,83) 350m: 03:54,72 (00:34,45) 400m: 04:25,91 (00:31,19)					
5.	Melina Nitschke	2009	SC Chemnitz von 1892	04:29,13	677	4
	50m: 00:30,39 (00:30,39) 100m: 01:03,28 (00:32,89) 150m: 01:37,52 (00:34,24) 200m: 02:11,82 (00:34,30) 250m: 02:46,44 (00:34,62) 300m: 03:21,08 (00:34,64) 350m: 03:56,00 (00:34,92) 400m: 04:29,13 (00:33,13)					

noch Wettkampf 108 - 400m Freistil weiblich (Finale)

noch Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
6.	Julia Härle	2009	Berliner TSC	04:29,44	675	3
	50m: 00:30,21 (00:30,21) 100m: 01:03,37 (00:33,16) 150m: 01:37,35 (00:33,98) 200m: 02:11,76 (00:34,41) 250m: 02:46,49 (00:34,73) 300m: 03:21,52 (00:35,03) 350m: 03:56,21 (00:34,69) 400m: 04:29,44 (00:33,23)					
7.	Sophia Brauneck	2009	TV Ratingen	04:33,78	643	2
	50m: 00:31,16 (00:31,16) 100m: 01:04,67 (00:33,51) 150m: 01:39,53 (00:34,86) 200m: 02:14,70 (00:35,17) 250m: 02:49,63 (00:34,93) 300m: 03:24,95 (00:35,32) 350m: 03:59,97 (00:35,02) 400m: 04:33,78 (00:33,81)					
8.	Lale Präger	2009	Erfurter SSC	04:37,16	620	1
	50m: 00:31,15 (00:31,15) 100m: 01:05,63 (00:34,48) 150m: 01:40,56 (00:34,93) 200m: 02:16,10 (00:35,54) 250m: 02:51,48 (00:35,38) 300m: 03:26,96 (00:35,48) 350m: 04:02,52 (00:35,56) 400m: 04:37,16 (00:34,64)					

Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1. und Deutsche Jahrgangsmeisterin 2023						
	Annika Dewdney	2008	TB 1888 Erlangen	04:21,80	736	12
	50m: 00:30,00 (00:30,00) 100m: 01:03,04 (00:33,04) 150m: 01:36,58 (00:33,54) 200m: 02:10,23 (00:33,65) 250m: 02:43,41 (00:33,18) 300m: 03:17,06 (00:33,65) 350m: 03:50,49 (00:33,43) 400m: 04:21,80 (00:31,31)					
2.	Lotte Schmidt-Seithe	2008	SG Hamburg-West	04:21,89	735	9
	50m: 00:30,10 (00:30,10) 100m: 01:03,00 (00:32,90) 150m: 01:36,25 (00:33,25) 200m: 02:09,57 (00:33,32) 250m: 02:43,16 (00:33,59) 300m: 03:17,19 (00:34,03) 350m: 03:50,50 (00:33,31) 400m: 04:21,89 (00:31,39)					
3.	Yara-Fay Riefstahl	2008	SC Chemnitz von 1892	04:24,53	713	7
	50m: 00:29,91 (00:29,91) 100m: 01:02,72 (00:32,81) 150m: 01:36,13 (00:33,41) 200m: 02:10,14 (00:34,01) 250m: 02:43,85 (00:33,71) 300m: 03:17,94 (00:34,09) 350m: 03:51,54 (00:33,60) 400m: 04:24,53 (00:32,99)					
4.	Laura Marie Blumenthal Haz	2008	TB 1888 Erlangen	04:28,95	679	5
	50m: 00:30,16 (00:30,16) 100m: 01:03,17 (00:33,01) 150m: 01:36,56 (00:33,39) 200m: 02:10,44 (00:33,88) 250m: 02:45,28 (00:34,84) 300m: 03:20,21 (00:34,93) 350m: 03:54,84 (00:34,63) 400m: 04:28,95 (00:34,11)					
5.	Cleo Hentschke	2008	SG Essen	04:30,55	667	4
	50m: 00:29,89 (00:29,89) 100m: 01:03,08 (00:33,19) 150m: 01:37,50 (00:34,42) 200m: 02:11,43 (00:33,93) 250m: 02:46,67 (00:35,24) 300m: 03:21,67 (00:35,00) 350m: 03:56,86 (00:35,19) 400m: 04:30,55 (00:33,69)					
6.	Anouk Walther	2008	TB 1888 Erlangen	04:32,06	656	3
	50m: 00:30,95 (00:30,95) 100m: 01:04,72 (00:33,77) 150m: 01:38,89 (00:34,17) 200m: 02:13,76 (00:34,87) 250m: 02:48,50 (00:34,74) 300m: 03:23,32 (00:34,82) 350m: 03:58,20 (00:34,88) 400m: 04:32,06 (00:33,86)					
6.	Jolina Schmolt	2008	SG Neukölln e.V. Berlin	04:32,06	656	3
	50m: 00:30,28 (00:30,28) 100m: 01:03,47 (00:33,19) 150m: 01:37,47 (00:34,00) 200m: 02:11,80 (00:34,33) 250m: 02:46,69 (00:34,89) 300m: 03:22,21 (00:35,52) 350m: 03:57,28 (00:35,07) 400m: 04:32,06 (00:34,78)					
8.	Finja Seidel	2008	SV Weixdorf	04:36,31	626	1
	50m: 00:30,92 (00:30,92) 100m: 01:05,04 (00:34,12) 150m: 01:39,66 (00:34,62) 200m: 02:14,95 (00:35,29) 250m: 02:50,48 (00:35,53) 300m: 03:26,38 (00:35,90) 350m: 04:02,17 (00:35,79) 400m: 04:36,31 (00:34,14)					

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1. und Deutsche Jahrgangsmeisterin 2023						
	Julia Ackermann	2007	SC Chemnitz von 1892	04:17,01	778	12
	50m: 00:29,90 (00:29,90) 100m: 01:01,87 (00:31,97) 150m: 01:34,09 (00:32,22) 200m: 02:06,77 (00:32,68) 250m: 02:39,39 (00:32,62) 300m: 03:12,22 (00:32,83) 350m: 03:44,83 (00:32,61) 400m: 04:17,01 (00:32,18)					

noch Wettkampf 108 - 400m Freistil weiblich (Finale)**noch Jahrgang 2007**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
2.	Zara Selimovic	2007	SG Essen	04:19,81	753	9
	50m: 00:30,57 (00:30,57) 100m: 01:03,51 (00:32,94) 150m: 01:36,94 (00:33,43) 200m: 02:10,58 (00:33,64) 250m: 02:43,27 (00:32,69) 300m: 03:15,92 (00:32,65) 350m: 03:48,55 (00:32,63) 400m: 04:19,81 (00:31,26)					
3.	Leni von Bonin	2007	Dresdner SC 1898	04:19,90	752	7
	50m: 00:30,55 (00:30,55) 100m: 01:03,13 (00:32,58) 150m: 01:35,99 (00:32,86) 200m: 02:08,84 (00:32,85) 250m: 02:41,63 (00:32,79) 300m: 03:14,85 (00:33,22) 350m: 03:47,62 (00:32,77) 400m: 04:19,90 (00:32,28)					
4.	Marie Strohalm	2007	SG Frankfurt	04:25,20	708	5
	50m: 00:30,33 (00:30,33) 100m: 01:03,05 (00:32,72) 150m: 01:36,59 (00:33,54) 200m: 02:10,49 (00:33,90) 250m: 02:44,66 (00:34,17) 300m: 03:18,74 (00:34,08) 350m: 03:52,54 (00:33,80) 400m: 04:25,20 (00:32,66)					
5.	Eva Gräfin von Brühl	2007	Dresdner SC 1898	04:25,32	707	4
	50m: 00:30,36 (00:30,36) 100m: 01:03,25 (00:32,89) 150m: 01:36,64 (00:33,39) 200m: 02:10,12 (00:33,48) 250m: 02:43,94 (00:33,82) 300m: 03:18,09 (00:34,15) 350m: 03:52,36 (00:34,27) 400m: 04:25,32 (00:32,96)					
6.	Yeliz Özencakir	2007	SC Magdeburg	04:26,37	699	3
	50m: 00:30,63 (00:30,63) 100m: 01:03,75 (00:33,12) 150m: 01:37,45 (00:33,70) 200m: 02:11,37 (00:33,92) 250m: 02:45,06 (00:33,69) 300m: 03:19,18 (00:34,12) 350m: 03:53,21 (00:34,03) 400m: 04:26,37 (00:33,16)					
7.	Arlett Pohrt	2007	SG Neukölln e.V. Berlin	04:28,72	680	2
	50m: 00:30,78 (00:30,78) 100m: 01:03,84 (00:33,06) 150m: 01:37,58 (00:33,74) 200m: 02:11,44 (00:33,86) 250m: 02:45,89 (00:34,45) 300m: 03:20,41 (00:34,52) 350m: 03:54,95 (00:34,54) 400m: 04:28,72 (00:33,77)					
8.	Aliyah Hösel	2007	SC Chemnitz von 1892	04:30,81	665	1
	50m: 00:30,09 (00:30,09) 100m: 01:03,06 (00:32,97) 150m: 01:36,40 (00:33,34) 200m: 02:10,83 (00:34,43) 250m: 02:45,29 (00:34,46) 300m: 03:20,67 (00:35,38) 350m: 03:56,05 (00:35,38) 400m: 04:30,81 (00:34,76)					

Jahrgang 2006

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1. und Deutsche Jahrgangsmeisterin 2023						
	Marian Plöger	2006	VfL Sindelfingen	04:14,46	801	12
	50m: 00:29,61 (00:29,61) 100m: 01:01,88 (00:32,27) 150m: 01:34,38 (00:32,50) 200m: 02:06,87 (00:32,49) 250m: 02:39,40 (00:32,53) 300m: 03:12,22 (00:32,82) 350m: 03:43,89 (00:31,67) 400m: 04:14,46 (00:30,57)					
2.	Julia Barth	2006	TB 1888 Erlangen	04:14,68	799	9
	50m: 00:29,32 (00:29,32) 100m: 01:01,87 (00:32,55) 150m: 01:34,68 (00:32,81) 200m: 02:07,22 (00:32,54) 250m: 02:39,77 (00:32,55) 300m: 03:12,39 (00:32,62) 350m: 03:44,00 (00:31,61) 400m: 04:14,68 (00:30,68)					
3.	Sophie Lenze	2006	SV Nikar Heidelberg	04:16,58	782	7
	50m: 00:29,87 (00:29,87) 100m: 01:02,47 (00:32,60) 150m: 01:34,84 (00:32,37) 200m: 02:07,80 (00:32,96) 250m: 02:40,26 (00:32,46) 300m: 03:12,83 (00:32,57) 350m: 03:44,92 (00:32,09) 400m: 04:16,58 (00:31,66)					
4.	Hannah Gätjen	2006	SG Stormarn Barsbüttel	04:19,45	756	5
	50m: 00:29,58 (00:29,58) 100m: 01:02,01 (00:32,43) 150m: 01:34,78 (00:32,77) 200m: 02:07,60 (00:32,82) 250m: 02:40,66 (00:33,06) 300m: 03:13,55 (00:32,89) 350m: 03:46,75 (00:33,20) 400m: 04:19,45 (00:32,70)					
5.	Natalie Welle	2006	SC Magdeburg	04:21,19	741	4
	50m: 00:29,50 (00:29,50) 100m: 01:02,51 (00:33,01) 150m: 01:34,73 (00:32,22) 200m: 02:07,66 (00:32,93) 250m: 02:40,65 (00:32,99) 300m: 03:14,12 (00:33,47) 350m: 03:47,73 (00:33,61) 400m: 04:21,19 (00:33,46)					
6.	Lea-Sophie Wenzel	2006	SG Essen	04:21,97	734	3
	50m: 00:30,43 (00:30,43) 100m: 01:02,87 (00:32,44) 150m: 01:36,11 (00:33,24) 200m: 02:09,43 (00:33,32) 250m: 02:42,83 (00:33,40) 300m: 03:16,55 (00:33,72) 350m: 03:50,10 (00:33,55) 400m: 04:21,97 (00:31,87)					

noch Wettkampf 108 - 400m Freistil weiblich (Finale)**noch Jahrgang 2006**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
7.	Anna Barth	2006	TB 1888 Erlangen	04:22,31	731	2
	50m: 00:29,91 (00:29,91) 100m: 01:02,49 (00:32,58) 150m: 01:35,66 (00:33,17) 200m: 02:09,30 (00:33,64) 250m: 02:42,92 (00:33,62) 300m: 03:16,76 (00:33,84) 350m: 03:50,13 (00:33,37) 400m: 04:22,31 (00:32,18)					
8.	Luisa Rumler	2006	SG Stadtwerke München	04:23,25	724	1
	50m: 00:30,11 (00:30,11) 100m: 01:03,13 (00:33,02) 150m: 01:36,40 (00:33,27) 200m: 02:09,85 (00:33,45) 250m: 02:43,36 (00:33,51) 300m: 03:17,16 (00:33,80) 350m: 03:50,77 (00:33,61) 400m: 04:23,25 (00:32,48)					

Jahrgang 2005

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1. und Deutsche Jahrgangsmeisterin 2023						
	Maya Werner	2005	SV Nikar Heidelberg	04:12,29	822	12
	50m: 00:29,16 (00:29,16) 100m: 01:00,27 (00:31,11) 150m: 01:31,63 (00:31,36) 200m: 02:03,62 (00:31,99) 250m: 02:35,71 (00:32,09) 300m: 03:08,08 (00:32,37) 350m: 03:40,62 (00:32,54) 400m: 04:12,29 (00:31,67)					
2.	Saskia Blasius	2005	TSV Neustadt 1906	04:19,58	755	9
	50m: 00:30,71 (00:30,71) 100m: 01:03,39 (00:32,68) 150m: 01:36,58 (00:33,19) 200m: 02:09,66 (00:33,08) 250m: 02:42,33 (00:32,67) 300m: 03:14,72 (00:32,39) 350m: 03:47,36 (00:32,64) 400m: 04:19,58 (00:32,22)					
3.	Leonie-Sarah Tenzer	2005	Wasserfreunde Spandau 04	04:21,58	738	7
	50m: 00:29,27 (00:29,27) 100m: 01:01,58 (00:32,31) 150m: 01:34,73 (00:33,15) 200m: 02:07,98 (00:33,25) 250m: 02:41,52 (00:33,54) 300m: 03:15,13 (00:33,61) 350m: 03:49,12 (00:33,99) 400m: 04:21,58 (00:32,46)					
4.	Yvonne Prehn	2005	SC Wiesbaden 1911	04:22,22	732	5
	50m: 00:30,41 (00:30,41) 100m: 01:03,39 (00:32,98) 150m: 01:36,63 (00:33,24) 200m: 02:09,94 (00:33,31) 250m: 02:43,51 (00:33,57) 300m: 03:16,83 (00:33,32) 350m: 03:50,18 (00:33,35) 400m: 04:22,22 (00:32,04)					
5.	Ida Schneider	2005	SV Schwäbisch Gmünd	04:24,69	712	4
	50m: 00:29,65 (00:29,65) 100m: 01:01,72 (00:32,07) 150m: 01:34,49 (00:32,77) 200m: 02:08,02 (00:33,53) 250m: 02:41,67 (00:33,65) 300m: 03:15,89 (00:34,22) 350m: 03:50,35 (00:34,46) 400m: 04:24,69 (00:34,34)					
6.	Rianne Rose	2005	TV Wetzlar 1847	04:27,46	690	3
	50m: 00:29,47 (00:29,47) 100m: 01:02,51 (00:33,04) 150m: 01:36,43 (00:33,92) 200m: 02:10,86 (00:34,43) 250m: 02:45,59 (00:34,73) 300m: 03:20,41 (00:34,82) 350m: 03:54,94 (00:34,53) 400m: 04:27,46 (00:32,52)					
7.	Franziska Grammlich	2005	USV TU Dresden	04:27,49	690	2
	50m: 00:29,65 (00:29,65) 100m: 01:02,34 (00:32,69) 150m: 01:35,70 (00:33,36) 200m: 02:09,64 (00:33,94) 250m: 02:44,14 (00:34,50) 300m: 03:19,04 (00:34,90) 350m: 03:53,74 (00:34,70) 400m: 04:27,49 (00:33,75)					
8.	Cora Wittekindt	2005	TV Wetzlar 1847	04:34,27	640	1
	50m: 00:30,38 (00:30,38) 100m: 01:04,33 (00:33,95) 150m: 01:38,68 (00:34,35) 200m: 02:12,89 (00:34,21) 250m: 02:47,85 (00:34,96) 300m: 03:23,41 (00:35,56) 350m: 03:58,82 (00:35,41) 400m: 04:34,27 (00:35,45)					